

Perspectives on Spirituality



A slide show presentation @ **H2L**

For many people, spirituality is a crucial part of a healthy recovery.

Join Helping Hands of Lompoc and learn how a shift in consciousness brings personal transformation

Presenter: Chuck Hughes, Consumer Advocate.

All clients, peers and advocates are encouraged to attend this informative Power Point presentation.

RVSP not required Contact: Sandy,
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Attendees will learn about,

- ◆ The spirituality component in recovery
- ◆ How to know if the path ahead is right
- ◆ spiritual barometers to measure success

Date: Oct. 3rd, 2019 Time: 2:00 to 3:00 PM

Location: H2L, Helping Hands
513 North G Street, Lompoc